PIKE COUNTY COMMISSIONERS

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COUNTY SOLICITOR

RESOLUTION NO. 23-24 MENTAL HEALTH AWARENESS MONTH MAY 2023

WHEREAS, mental health is a key component of every individual's overall physical health and emotional well-being; and

WHEREAS, mental illness affects people of all ages, races, ethnicities, and income levels; and

WHEREAS, mental health conditions are not only common, they are treatable, and early and effective intervention can save lives and change the trajectories of people living with mental illness; and

WHERAS, only 50 percent of individuals with a serious form of mental illness seek treatment. Feelings of personal shame and fears of social stigma and discrimination prevent many living with mental illness from seeking help; and

WHEREAS, untreated mental illness leads to higher rates of emergency department visits, hospitalizations, school drop-outs, and suicides; and

WHERAS, stigma leads to fear, mistrust, and violence against people with mental illness, who are significantly more likely to be victims than perpetrators of violent crimes; and

WHEREAS, stigma can be reduced by increasing the awareness of mental illness and available resources for those suffering from mental health conditions; and

WHEREAS, greater public awareness about mental wellness can positively transform attitudes about, and towards people with mental illness, making it easier for our citizens to seek help.

NOW, THEREFORE, BE IT RESOLVED, that the Pike County Board of Commissioners hereby designate the month of May 2023, as "Mental Health Awareness Month," to be observed to raise public awareness and understanding of mental health, available resources within the community, and to reduce stigma faced by people with mental illness.

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